

"GESTURES OR BODY LANGUAGE IN PSYCHOLOGY"

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Abstract: This in the article human body parts actions human to the psyche dependency about thoughts In the research gestures through expressible meaning and contents , their linguistic and cultural features and different social in situations application analysis Gestures mind under to the information related that it is proving rich in facts . Gestures and of speech harmony , their national features and communication in efficiency importance about important conclusions given .

Key words: Body language , nonverbal conversation , speech , dialogue efficiency , cultural characteristics , social situations , communication , national features .

Аннотация: В статье излагаются идеи о зависимости движений тела человека от психики человека. В исследовании анализируются значения и содержание, выражаемые посредством жестов, их языковые и культурные особенности, а также их использование в различных социальных ситуациях. Оно богато фактами, доказывающими, что жесты зависят от подсознательной информации. Сделаны важные выводы о гармонии жестов и речи, их национальных особенностях и их значении в эффективности коммуникации.

Ключевые слова: Жесты тела, невербальная коммуникация, речь, эффективность коммуникации, культурные особенности, социальные ситуации, коммуникация, национальные особенности.

Communication human of activity the most important in terms of one It is only conversation through not , maybe nonverbal tools also done with the help of Body gestures are a means of communication . inseparable part they are human thoughts , feelings and their relationship in expression effective tool as manifestation will be . Uzbek Body gestures in culture to oneself typical importance profession They will . national to traditions suitable accordingly formed and cultural , social and linguistic features with enriched .

Almost all of us edge languages we have learned . However , again one international language there is to him everyone understandable and understandable is , this close until then known not - this gesture language , human face expressions and Psychologists people with communication to do in the process 60% to 80% of the message part verbal not been expression from the means come exit and of information only 20-40% oral method through transmission Body language to oneself typical feature is that its manifestation to be our our subconscious impulses with related and this impulses forgery of ability absence usual , oral communication from the method more this to the language to believe opportunity gives .

Body language forgery possible , but very short to time , because close Meanwhile, the body itself conscious to their actions contrary was signals unintentionally transmits . Long time body language throughout forgery and imitation difficult , but different people with successful communication to do for positive , clear from gestures use study and negative , negative to color has was from gestures free to be useful will be . In communication gestures and body movements very many is used . Let 's just daily in life occurring and contracts discussion in doing or other people with in conversation useful to be possible was gestures and body movements attention

Let's look at it . Gestures package Village on the farm happened like , the only effect doer factor separate it won't happen , that's why body movements for language in learning one gesture separate it won't be possible and him/her other gestures and from cases to consider as separated possible it's not .

Body gestures – humans between nonverbal communication from the means one are , they are culture and to the language looking at various is formed . Uzbek culture and in the language gestures communication in the process words with in harmony or independent accordingly is applied .



Figure 1 Nonverbal communication appearances

Uzbek in the language from gestures following for purposes use possible : greeting (hand to raise , to bow), to say goodbye (hand (smile)), emotions to express (shoulder) frown , frown (squeak) and command or the ban show (finger) shake , hand to the chest put). This gestures cultural in terms of to oneself typical is the people 's traditions and values with depends .

Gestures communicative role :

Uzbek in the language gestures the speech complement , enhancer and sometimes words changer task does . Example for the word " ok " instead the head to move possession or hand with hint to do through any to something attention focus cases .

Linguistic and cultural Features :

Body gestures different in cultures one kind in appearance although , their meaning various to be possible . For example , Uzbek in culture the head lift respect sign as acceptance will be done , other in cultures and this arrogance that interpretation to be done possible .

Nonverbal communication and social situations :

Official and informal in conversations gestures application various . Official in the environment limited gestures if used , informal in the environment they further free and wider is used .

So in their body movements - real meaning understanding for all gestures you see need .

✚ While speaking head moving to speak lie whisper symptom . hand waist leaving stand strictly strong-willed to the person typical trait

✚ On the chair while sitting body with forward bent over to sit , this person's to talk completion with immediately to move ready that indicates;

✚ His legs each other on top of leaving confusingly and them hands with hold sitting man often fast to react has will be and in dispute him/her persuasion difficult.

✚ Palms each other with together This is where you sit. at the time this human , negative , bad idea and emotional in feelings that means.

✚ From my clothes important not small threads , feathers picking to sit to him/her being said from words full that they are not satisfied expression will reach.

✚ Listen during head next to bent to sit conversation this in humans interest woke up indicates.

✚ If head forward bent over sitting if this often audible to speak negative attitude sign is considered .

✚ Chair or to the course leaning to sit movement this person's mood negative that indicates;

✚ If from a person own decision to say When asked , he often some the subject can If so , it's his/ her own. decision strictly not , its from the truth suspicion , again think about it vision necessary means.

✚ Listener man head in hand resurrected if you can , now being spoken to talk his/her interest fading means .

Face expressions , behavior , treatment , walk , look - this in the body all of actions complete decoding , this through you other people real feelings and thoughts open your throw It is also possible that this book your verbal not been your signals done to increase help gives them effective communication for how to use to you teaches . New body language Authors the publication noticeable at the level expanded and " Any " person book as read " , right behavior choose yourself feel free and any in the environment yourself free hold on , the most right decisions acceptance do - of these all now everyone for open and Body language is open . modern methods learn and you of course everyone in something success You win !

Research this gestures show conversation process enrichment , thought expression and to understand in facilitating important role plays . With this together , gestures linguistic and cultural features deeper study , their different social in situations application analysis to do Uzbek linguistics current from directions one This is in the article through gestures communicative and linguistic importance understanding Uzbek language and culture in learning new opportunities open gives . Body gestures communication further effective and meaningful to do for strong tool to be service does .

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