

**PRIORITY OF UNIVERSAL HUMAN VALUES IN ORGANIZING
INTERPERSONAL RELATIONSHIPS**

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Annotation: This article describes the issues related to the process of communication between people, its impact on the upbringing of young people, and the importance of the culture of communication in the process of socialization of the individual.

Also, priority problems related to the psychological essence of Uzbek-style communication in the process of establishing national and universal values in young people through communication in the system of interpersonal relations are presented.

Keywords: communication, communication, communication process, interpersonal relations, family upbringing, culture of communication, psychological impact, "etiquette" values, national value, mutual solidarity.

Аннотация: В данной статье рассматриваются вопросы, связанные с процессом межличностной коммуникации, его влиянием на воспитание молодежи и важностью культуры коммуникации в процессе социализации личности.

Также представлены приоритетные проблемы, касающиеся психологической сущности узбекской коммуникации в процессе формирования национальных и универсальных ценностей у молодежи посредством общения в системе межличностных отношений.

Ключевые слова: коммуникация, взаимодействие, коммуникационный процесс, межличностные отношения, семейное воспитание, культура взаимодействия, психологическое воздействие, ценности «социального этикета», национальные ценности, взаимная солидарность.

It is known that the most important need and activity in human life is communication. Communication occupies a leading place among the activities carried out by people, it satisfies the most important need in a person - the need to live in society and consider oneself a person. Communication is a Greek word, which means adjustment, conversation, interpersonal conversation and exchange of ideas, a form of oral speech, adjustment of two or more people. The communication process is inextricably linked with the interests, worldviews, behavior and culture of individuals. Living in society, people communicate to restore relationships in order to find their place. At the same time, a person is formed, develops and manifests himself as a person in communication. In social communication, the psyche develops and the individual realizes himself in life. By communicating with spiritually developed people, in exchange for extensive opportunities for learning, a person acquires all his high abilities and qualities and becomes a person.

The formation of a human personality largely depends on psychological development, and in this psychological development, communication plays a special role in the process of communication. Since communication is one of the psychological problems that occur in a person, such a problem is reflected in the person. The fact that communication is a psychological problem can be observed in interpersonal relationships in the social environment, in family relationships, emotional relationships, and professional relationships. Doctor of Psychology, Professor E. Goziyev repeatedly emphasizes the importance of psychological processes, including attention, perception, thinking, imagination, speech, and emotions in communication in his works [4]. As a person develops, scientific research into the fact that communication is a psychological problem is increasing. Among the psychologists, such Russian psychologists as V.M. Bekhterev, L.S. Vygotsky, V.N. Myasishchev, L.S. Zakharov, B.T. Ananov, L.P. Khokhlova, and now E. Goziyev, V. Karimova, R. Toshimov, S. Bobojonova and others have shed light on the psychological foundations of communication in their works. Based on their research, a number of methodologies have been developed, and these methodologies are still being used effectively today. In particular, scientists have studied issues such as the psychology of communication, communication methods, and important aspects of communication. Such studies serve as the basis for the emergence of specific aspects of the socio-psychological study of interpersonal relationships.

Nowadays, a lot of scientific research is being conducted on the study of communication. One of the main features that distinguishes humans from the animal world and reflects the laws of their physiological, psychological and social development is the existence of a separate psychological process called speech. Speech provides people with the ability to communicate and exchange ideas through language. Thanks to communication, people organize various practical and theoretical activities. In addition, processes such as exchanging information and understanding each other also occur due to communication. Communication also helps to create relationships between individuals and maintain them in practice. In order to prevent any emotional situations that arise during communication, it depends on how high or low we can convey our tone of voice in the communication process. Especially, dealing with students requires the teacher's skill in communicating with his or her students. This, in turn, depends on the teacher's adjustment culture. It is necessary to constantly organize communication and communication. To effectively conduct a lesson, a teacher must know how to organize, use methods such as conversation, presentation, storytelling, and generally be able to maintain communication with students throughout the entire teaching and learning process [1].

If a person's language is sweet and his behavior is cultured, he will gain respect among the people in a short time. That is why our thinkers who lived in the past taught us to treat language and words with respect. Our great grandfather Alisher Navoi expressed wise thoughts about the culture of communication, politeness, the importance of language, and sweetness, which have not lost their relevance for our days. "The sweetness of the language is pleasant to the soul, and its gentleness is useful. A sweet word is as sweet as honey for pure souls," - said Alisher Navoi. In addition to giving children knowledge, the teacher also attaches special importance to the development of their speech, and for this he uses various pedagogical methods.

The teacher's word is of great importance in the development of children's speech: on the one hand, his speech serves as an important factor in the education and development of the child's thinking, on the other hand, it also has an educational character, that is, the role of the culture of communication in the instillation of national-cultural and universal values in children, in their upbringing. From this it follows that the teacher's speech should be figurative, beautiful, sonorous, exemplary, and attract the child's attention [2]. In fact, speech is a measure,

an indicator of how worthy a teacher is of his specialty. Therefore, working on speech, improving speech culture is the main social duty and responsibility of every teacher.

The influence of speech in education is extremely great. The teacher's speech is a powerful tool that affects the self-control, behavior and thinking of students. The teacher's speech reflects his feelings, aspirations, will and beliefs. With the help of speech, he creates feelings of joy, inspiration, love, loyalty, anger, hatred in students. Standing together with the people, living together is called socializing. The beauty and gentleness of people's relationships with each other is called "social etiquette". One of the greatest, but complex and difficult activities of a person is to find a place among people, that is, to live in society. The complexity of this activity is that in order to join the majority, to live in harmony with them, a person must have appropriate behavior and attitude. Many people do not like a rude and heartless person whose behavior and attitude do not suit the taste of the majority. People like and respect people who are kind, sweet-spoken, brave, and gentle. One of the conditions for finding a worthy place among people, living in harmony and unity is a person's humility. A humble person never boasts about his achievements, wealth, or knowledge, but is always quiet and simple. However, humility in a person must be sincere.

Words warm the human heart, words hurt the human heart. The proverb "A wound of a tooth will heal, but a wound of a word will not heal" was not said for nothing. Because the power of adjustment is enormous. A person should be extremely careful with his words and language. Some of our young people pay very little attention to words and language. First of all, we need to teach young people the culture of communication, not to flatter in front of adults, not to interrupt adults, not to talk back to the elderly. The culture of communication is needed everywhere. At work, in transport, at home, that is why we need to know who and how to interact with whom. How educated and intelligent a person is is reflected through communication. The priority of universal human values (respect, sincerity, justice and humanity) in interpersonal communication strengthens relationships, prevents mutual misunderstandings and creates a healthy psychological environment [3]. They are the basis of the culture of communication in any society.

A specific form of communication between people is a stable, individually selected system of friendly relations and mutual relations, characterized by the interconnectedness of the communicants, a high level of satisfaction from communicating with each other. Also, due to the existence of intergenerational communication, each society has its own culture, cultural wealth, values, which the most advanced representatives of humanity, understanding its importance, always preserve for future generations and pass on from generation to generation in the process of education, upbringing and everyday communication. Thus, communication constitutes the internal psychological mechanism of people's mutual activities in society. In addition, given the need to make various production decisions not individually, but collectively - together, in the current conditions of new democratic relations, the culture of communication and communication techniques of people are important factors of labor productivity and efficiency.

In conclusion, it should be said that communication is a process, a system of relations that plays an important role in interpersonal relations. Communication between people and its general laws are one of the most important conditions for human interaction with other people in all aspects of life. Therefore, a person's intellect, will, emotional culture, and the upbringing of national and universal values are directly formed through communication.

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