

FAMILY VALUES ARE THE FOUNDATION OF A STRONG FAMILY

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Abstract: In this article, the author points out that family and family values are always inextricably linked, family values without family lose their meaning, legal relations between men and women cannot be without fundamental principles, and it is precisely because of them that spouses maintaining spiritual and mental health, unity and integrity for many years they are able to stay and traditional family values are based on love and loyalty care.

Key words: family, family values, heritage, tradition, motive.

Today, the elimination of conflict situations between families is considered a separate problem of the social life of the Republic of Uzbekistan. In order to eliminate these problems in society, a lot of work is being done in our country on democratic renewal, modernization, building a loving civil society, and forming democratic values in the minds of people. A society that is developing against the backdrop of changes taking place in the world is significantly affecting the values of people within its sphere of influence. In turn, due to these factors, people's worldview and behavior are also changing. Therefore, today's scientists who study the human psyche pay great attention to scientific research on the study of values.

Value is understood as a set of natural and social phenomena that are significant for a person and serve the interests and goals of a nation, people, and social groups. "Qadriyat" is actually an Arabic word, and in Uzbek it means "value", "importance", "precious objects", "people's wealth".

Philosophically, value is considered "...a philosophical category used to express the value and social significance of forms, states, objects, events, phenomena, processes, qualities, and procedures that are of some importance to humans." [1] Value is a concept used to indicate the universal, social-moral, cultural-spiritual significance of certain phenomena in reality. All things that are important to humans, such as freedom, peace, justice, social equality, enlightenment, truth, goodness, beauty, material and spiritual wealth, traditions, customs, and others, are considered values.[2] The concept of value and the method of its scientific study were first introduced by M. Weber[3]. The scientist, focusing on the rational-value orientation of human behavior, assumes that this orientation implies a person's constant obedience to the norms and requirements of society. Therefore, a person considers it necessary to comply with these norms and requirements. M. Weber distinguishes the differences between the concepts of value and religion. According to the scientist, values are a factor that regulates human behavior and answers questions and problems that arise throughout human life. The family is the continuity of generations. Traditions, values, customs are the only mechanism that ensures the transfer of the moral, spiritual, and religious heritage of the nation and people from generation to generation. Therefore, the issue of supporting the family is constantly under the attention of the state. The strength of the family is the basis of the strength of society. The main values of the family are the observance of certain moral principles, strengthening the unity, trust, and love of all family members. The family is like a single organism, each member of the family is deeply rooted in the work of the common structure. Of course, in order for this unity to be strong, so that families do not fall apart over trivial problems, it is very important to have common values, which are the foundation of the family. On the basis of these values, traditions are formed in the family, which can be new, arise in a young family, or be passed down from generation to generation. It is very

important for newlyweds to clarify before the wedding what common values will be the foundation of their future family, what traditions will they adopt from their family, and what values will they create for themselves. However, even if this has not happened before, even if they are already married, these values need to be clarified and discussed. Indeed, in fact, such families with strong bonds of solidarity are unfortunately becoming less and less every day. One of the factors leading to the breakdown of the family is precisely the lack of knowledge of the spouses about the motives and goals of creating a family, the lack of understanding of common values, and the lack of formation of strong family traditions. If values can be compared to the foundation, then traditions are strong bonds that bind us to each other, but not with painful affection, but united on the basis of joint activity, creativity, development and a sense of belonging. Each family is individual. Accordingly, they determine their own family values. These values the emotional relationships between them.

Family values are a set of shared beliefs, principles, and ideals that serve as a basis for the interaction and development of each family member. They reflect what is considered important and meaningful to all family members [4]. These values may include aspects such as love, respect, trust, support, communication, responsibility, and others. It is important to note that specific family values may vary depending on the cultural or religious traditions of each family. In today's society, where globalization, technology, and social change play an important role, family values are becoming increasingly important. They help maintain stability and harmony in relationships between family members. In this sense, family values strengthen emotional bonds, build trust, and allow conflicts to be resolved on the basis of common principles. They also serve as the basis for the development of moral and cultural traditions in the family. Thanks to family values, people find support and understanding from each other, and also create a favorable environment for the realization of their personal potential. In particular, family values play an important role in the formation and development of the personality of children. They directly affect their emotional, social, and psychological well-being. When families share common values, children gain a clear moral compass that helps them define their own moral principles and understand the correctness of their choices. The family also serves as the first school for children, where they learn communication, empathy, and respect for others. Family values create a safe environment for the expression of individual thoughts and feelings and encourage active participation in family life. Building self-awareness and self-esteem Family values play an important role in shaping children's identity and self-esteem. When parents uphold certain values, they help children understand their place in the family and society. The family strives to uphold certain moral principles that are fundamental to life, strengthening the unity, trust, and love of all family members.[5] By recognizing and respecting these values, children develop a sense of belonging to their family and cultural traditions. They also learn to be aware of their individuality and to build healthy boundaries in relationships with peers and others. Self-esteem also comes from recognizing personal achievements, encouraging empathy, and encouraging responsible behavior. If families adopt values that help children develop a positive self-concept, they will have a foundation for successful integration into society. In addition, family values play an important role in developing emotional intelligence in children. When families adopt values that encourage the expression and understanding of emotions, children learn to better understand their own feelings and empathize with others. The spiritual wealth of each nation is formed by the unity of national and universal values. Spiritual heritage is the achievement of the past. Its full and fair acquisition and development is the task of the current generation. Ignorance or neglect of one's cultural heritage and values is a disgrace. Not striving to enrich and elevate them to a higher level is a tragedy for the nation and its independence. Only a person with a highly developed spirituality will find the strength and power to work for

independence and a great future for our homeland [6]. At the same time, parents set an example for their children, showing them how to be honest, fair and responsible. Through communication and discussion of the importance of moral values, children have the opportunity to think about the right and wrong of actions. The establishment of moral principles through family values helps children develop a moral foundation in all aspects of life - from personal behavior to social activity. In addition, when considering the importance of family values for society, it is necessary to emphasize the role of these values in the transmission of these values to generations. In each family, through the preservation of cultural traditions and principles, a legacy is created that contributes to the formation and development of society. In conclusion, it should be said that the continuity of generations plays an important role in the system of communication of traditional values. The values, cultural symbols, and political and social institutions specific to a particular society are passed down from generation to generation. In traditional values, the formation of historical connections between generations within the framework of time, the formation of the essence of the nation, the factor of upbringing and continuity of generations play an important role. Another direction of traditional values is the ideals of the nation. Of course, in the current era of globalization and cosmopolitanism, the political, social and cultural significance of the nation is somewhat different.

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