

CORPUSCULAR ELEMENTS OF BLOOD

Asatullayev Rustam Bahtiyorovich

Assistant of the Department of "Languages" of
Samarkand State Medical University

Imomova Muxlisa Shokirjon kizi

Student of Samarkand State Medical University, group 144

Abstract: Blood is a specialized connective tissue that plays a fundamental role in maintaining the normal functioning of the human body. It is responsible for the transportation of respiratory gases such as oxygen and carbon dioxide, nutrients, hormones, enzymes, and metabolic waste products between different organs and tissues. Blood consists of two main components: plasma and formed elements. Plasma serves as a liquid medium that carries proteins, electrolytes, nutrients, and other dissolved substances, while the formed elements include red blood cells (erythrocytes), white blood cells (leukocytes), and platelets (thrombocytes). Erythrocytes are primarily responsible for oxygen transport due to the presence of hemoglobin, which binds oxygen and delivers it to body tissues. Leukocytes play a crucial role in protecting the body against infections and participate actively in immune responses. Platelets are essential for blood clotting and help prevent excessive bleeding by forming clots at the site of injury. Together, these formed elements make up approximately 45% of the total blood volume and contribute significantly to maintaining homeostasis, immune defense, regulation of body temperature, and tissue repair processes.

A comprehensive understanding of the structure, composition, and physiological functions of blood components is essential for explaining many biological processes and diagnosing various pathological conditions related to blood disorders and systemic diseases.

Keywords: blood, plasma, erythrocytes, leukocytes, thrombocytes, homeostasis, immune defense, blood clotting.

Introduction

Blood is a vital connective tissue for the human body, playing a central role in maintaining the stability and normal functioning of the body. Blood performs important functions such as transporting oxygen, nutrients, hormones, and metabolic waste, as well as regulating body temperature and pH balance. One of the main aspects of blood composition is its components, which consist of plasma and formed (corpuscular) elements. The formed elements of blood — erythrocytes, leukocytes, and platelets — are specialized cellular components that perform different but interrelated functions. Erythrocytes carry out gas exchange by transporting oxygen and carbon dioxide. Leukocytes, on the other hand, are a major part of the immune system and protect the body from infection and foreign substances. Platelets play an important role in blood clotting and preventing excessive bleeding. Understanding the structure, function, and interaction of these shaped elements is important in the field of hematology. Also, since a disturbance in their number or function can lead to various pathological conditions, their study is of great importance in medical diagnosis and treatment.

Main Part

The formed (corpuscular) elements of blood are divided into three main types: erythrocytes (red blood cells), leukocytes (white blood cells), and platelets (blood platelets). Each type has a unique structure and function in the overall health of the organism and in maintaining homeostasis. 1. Erythrocytes (Red Blood Cells) Erythrocytes have two concave forms, are non-

nuclear cells that function to transport oxygen and carbon dioxide through the substance hemoglobin. Their flexible shape allows them to move freely through narrow capillaries. Red blood cells play an important role in supplying tissues with oxygen and removing metabolic waste products. A deficiency in red blood cells or hemoglobin can cause anemia, which impairs oxygen delivery to tissues. 2. Leukocytes (White Blood Cells) Leukocytes are nucleated cells that protect the body from infection and foreign substances. They are divided into two main groups: Introduction Blood is a vital connective tissue for the human body, playing a central role in maintaining the stability and normal functioning of the body. Blood performs important functions such as transporting oxygen, nutrients, hormones, and metabolic waste, as well as regulating body temperature and pH balance. One of the main aspects of blood composition is its components, which consist of plasma and formed (corpuscular) elements. The formed elements of blood — erythrocytes, leukocytes, and platelets — are specialized cellular components that perform different but interrelated functions. Erythrocytes carry out gas exchange by transporting oxygen and carbon dioxide. Leukocytes, on the other hand, are a major part of the immune system and protect the body from infection and foreign substances. Platelets play an important role in blood clotting and preventing excessive bleeding. Understanding the structure, function, and interaction of these shaped elements is important in the field of hematology. Also, since a disturbance in their number or function can lead to various pathological conditions, their study is of great importance in medical diagnosis and treatment. granulocytes (neutrophils, eosinophils, basophils) and agranulocytes (lymphocytes and monocytes). Granulocytes primarily eliminate infections through phagocytosis, while lymphocytes play a central role in adaptive immunity, including antibody production and the formation of immune memory. Leukocytes migrate from the circulatory system into tissues to fight infections or damaged cells. Changes in leukocyte levels can indicate infections, autoimmune diseases, or hematological cancers. 3. Platelets (Blood Platelets) Platelets are small, irregularly shaped cell fragments that are formed from megakaryocytes. They are important in blood clotting, forming a temporary clot at the site of injury in blood vessels and releasing factors that initiate the blood clotting process. When platelet function is impaired or their number is reduced (thrombocytopenia), excessive bleeding occurs, and excessive activity can lead to thrombosis. Interactions and Clinical Significance The proper functioning of these shaped elements depends on their interaction with the plasma and each other. For example, in order for erythrocytes to efficiently transport oxygen, they need to move freely in the circulation, leukocytes need to respond to immune signals, and platelets need to be activated at the site of damage. Any violation of these elements can significantly affect health. Hematological tests, such as a complete blood count (CBC), are widely used to assess the number and condition of formed elements, as well as to diagnose various diseases..

Conclusion

The shaped (corpuscular) elements of the blood — Erythrocytes, Leukocytes and platelets — are cellular components of vital importance in the human body. Each of them performs a specific function and plays an important role in ensuring overall health and homeostasis: erythrocytes transport oxygen and carbon dioxide, leukocytes provide immune protection, and platelets ensure blood clotting. The structure, number and activity of shaped elements is an important indicator of the state of Health. Their violation can lead to various pathological conditions, including anemia, infections, autoimmune diseases and diseases such as thrombosis. Therefore, their study and analysis are of great importance in hematology and medical practice. In general, understanding the shaped elements of the blood is necessary to support the normal functioning of the body, identify diseases and establish effective treatment measures.

References:

1. Hoffbrand, A. V., & Moss, P. A. H. (2016). *Essential Haematology* (7th ed.). Wiley-Blackwell.
2. McPherson, R. A., & Pincus, M. R. (2020). *Henry's Clinical Diagnosis and Management by Laboratory Methods* (23rd ed.). Elsevier.
3. Kumar, V., Abbas, A. K., Aster, J. C., & Perkins, J. A. (2021). *Robbins and Cotran Pathologic Basis of Disease* (10th ed.). Elsevier.
4. Bain, B. J. (2015). *Blood Cells: A Practical Guide* (5th ed.). Wiley-Blackwell.
5. Lichtman, M. A., Kipps, T. J., Seligsohn, U., et al. (2019). *Williams Hematology* (10th ed.). McGraw-Hill Education.