

**METHODS OF DEVELOPING PERSONAL COMPETENCE IN PRESCHOOL  
CHILDREN**

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**Abstract**

This article explores the pedagogical significance of forming personal competencies in preschool children and the use of modern methodologies in this process. It details the systemic stages—preparatory, practical-executive, and reflexive-evaluative—that ensure children's communication culture, independent thinking, and social adaptation.

**Keywords**

Communication, approach, competence, social environment, creativity, independent thinking, personality, development, personal competence.

**Introduction**

The formation of personal and social competencies in preschool children is a primary task in preparing them for future social life. This process encompasses not only the transmission of knowledge but also teaching the culture of communication and the art of mutual cooperation.

**1. Pedagogical and Technological Approaches**

The harmony between a teacher's professional skill and modern tools plays a vital role in a child's formation as an individual:

**Teacher's Competence:** The teacher serves as the fundamental foundation for shaping the child's personality through direct communication.

**Use of ICT Tools:** Information technologies develop children's independent thinking and their spiritual-aesthetic outlook.

**Innovative Methods:** Electronic manuals facilitate social adaptation by increasing children's speech activity.

**2. Systemic Stages of Development**

The development of personal competencies is carried out through the following stages:

**Preparatory Stage:** Stabilizing the child's emotional-psychological state and awakening interest in communication.

**Practical-Executive Stage:** Increasing vocabulary and forming mutual cooperation skills through games.

**Reflexive-Evaluative Stage:** Analyzing the child's level of communication and the results achieved.

"I Can Do It!" Method (Developing Personal Competence)

This method serves to increase a child's self-confidence, develop independent decision-making skills, and help them find solutions to problem situations.

#### Lesson Description

Topic: Personal competence and independent activity.

Goal: To form the "Self" image, awaken a sense of responsibility for one's actions, and enable the child to explain their needs through speech.

#### Expected Results:

The child strives to complete tasks independently.

The child can propose solutions in unexpected situations.

The child learns to objectively evaluate their own achievements.

#### Required Equipment

A "Tree of Success" (model or drawing).

Colored leaves (stickers).

Cards depicting problem situations (e.g., what to do if a toy breaks? how to organize clothes?).

#### Lesson Procedure

Introduction: "Little Hero" Conversation

The teacher engages the children in conversation, asking what tasks they can perform independently.

Question: "Children, what did you do independently today while coming from home?" (e.g., putting on shoes, washing hands/face) .

Main Part: "Finding a Way Out" Game

Children are shown cards with problem situations. Each child must explain how they would solve the situation they receive.

ICT Integration: Using short video clips or electronic manuals to show these situations increases children's interest and independent thinking.

Cooperation: If a situation is complex, children find a solution by consulting as a team.

Conclusion: "Tree of Success"

For every new skill they have mastered, children stick a leaf onto the "Tree of Success". The teacher analyzes and encourages each child's personal achievement.

#### Significance of the Method

Through this method, personal competence is formed systematically:

Preparation: Interest in one's own abilities is awakened.

Practical: Children learn to solve problems and cooperate.

Reflection: Seeing their results increases their self-confidence.

Conclusion:

Leading children towards personal competence is a complex process that integrates interactive methods, educator expertise, and modern technologies. This approach serves to successfully prepare the child for school education.

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