

A HOUSE IN THE SUNSHINE: A LOOK AT PARKENT AND SOQOK

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Annotation: This article discusses the unique natural and geographical climate, rich flora, and tourism potential of Parkent district, one of the southern regions of Tashkent region, and its jewel, the village of Soqok, from an artistic and analytical point of view.

Keywords: Parkent, Soqok, mountain ranges, viticulture, healing nature, centuries-old junipers.

Today, the Parkent district, rich in history and centuries-old traditions, has become a happy place where more than 185 thousand people live as one family. In the Parkent region, where almost two hundred thousand people live, youthful enthusiasm prevails. Therefore, the fact that almost a quarter of the district's population, that is, more than 41 thousand, are representatives of the younger generation, further strengthens confidence in the region's future.

Today, Parkent is completely changing and renewing. To paraphrase a famous phrase from a famous work, the head of our state himself is at the forefront of these changes! The proposals, instructions to officials, valuable ideas, and significant financial support provided by our President Shavkat Mirziyoyev during his several visits to this ancient region are turning Parkent into a completely new, prosperous destination of prosperity and development! The prosperity and infrastructure here are attracting the admiration of not only Parkent residents, but also local and foreign tourists visiting the region.

Parkent district, considered the eastern gateway to the capital, is located just 50 kilometers from Tashkent, at the foot of the majestic Chatkal mountain range. This land resembles a unique and magnificent work of nature: the relief of the territory, based on the principle of vertical zonality, slopes upwards like stairs. The generous hot climate prevailing in the low plains gives way to pleasant coolness as you rise, and at the heights, emerald alpine meadows begin, pleasing to the eye. Parkent is a corner of the land glazed with the sun. Each grape, saturated with sunlight, embodies the taste of this land and the love of the farmer. Parkent grapes are the sweetest gift of the generosity of the land and the taste of the sun. The unique taste and freshness emanating from each of its grains are irrigated by the life-giving sources of the region: the pristine waters of Parkentsoy and Kyzylsoy, the sparkling streams of the flowing springs. It is these blue veins that preserve the evergreen nature of the district, its emerald dress.

The village of Soqog, located at an altitude of more than a thousand meters above sea level, is a truly healing place of nature. The clean air and ice-crystal waters of this place not only give the body peace, but also new strength. The centuries-old junipers adorning the hills of the village are like eternal guardians of this land. The fragrant and healing air emanating from them is considered an incomparable balm for the human respiratory tract.

Walking along the gorges of Sokog, you will be enchanted by the majestic cliffs above, towering over the sky, and the sound of streams crashing against each other below. With the

arrival of spring, these expanses turn into a paradise garden filled with the fragrance of colorful tulips and basil. Every plant hidden here, be it a thorn or a mountain cumin, is a gratifying medicine that nature has given to humanity.

The greatest wealth of Sokog is its springs. The “Chashma” resort is very popular among locals and tourists. The water here is filtered through the layers of the mountain, is rich in minerals, and is always around +8-10 degrees. On the third page of your article, it is worth mentioning the tourism potential of Sokog. This is the “visiting card” of the village. Kebabs made from meat from cattle fed on mountain air and natural feed have a unique taste. Trekking routes starting from Sokoq and leading to the “Zarkent” or “Kumushkon” directions are very popular among young people and foreign tourists today. The “Big Solar Furnace” (Heliomajmua) located in the Parkent district is also a unique object that demonstrates the technogenic and natural harmony of the region. The nature of Uzbekistan is so rich that every corner has its own legend and beauty. However, the Parkent district and its mountain gem - the village of Sokoq, located just an hour’s drive from Tashkent, continue to enchant tourists with their clean air, healing waters and unique landscapes. Today, this area has become one of the most attractive ecotourism destinations not only for local residents, but also for foreign tourists.

The uniqueness of the nature of Parkent is reflected in its relief. Located at the foot of the Chatkal mountain range, this area has a unique freshness in all four seasons of the year. Ancient junipers located in the upper part of the village of Sokog enrich the air with natural phytoncides. The air here is the best natural treatment for the respiratory tract and nervous system. Mountain streams flowing between high rocks, tulip fields and mountain basil blooming in spring turn the area into a living canvas.

The greatest attraction of Sokog for tourists is its icy and clear springs. The local resort "Chashma" is known for its healing properties. The minerals contained in the water seeping through the layers of mountain rocks are extremely beneficial for human health. The sound of water and the singing of birds allow you to feel a real "nature meditation" here. Traveling is unimaginable without delicious food. Parkent, and especially Soqog, is famous throughout the republic for its "Soqog kebab". The meat of livestock raised on the slopes of the mountains, fed with medicinal herbs, and the local preparation process give this dish a unique taste. In addition, Parkent's famous sweet grapes, freshly baked hot bread, and mountain honey are sure to impress any gourmet.

Parkent is a place of adventure and contemplation. The majestic waterfalls and high peaks in the Soqok gorges are a real field of courage for extreme tourism enthusiasts. And the huge sun mirrors, which are few in the world, are a unique symbol demonstrating the technological potential of the region. After all, Parkent is a resting place for the soul tired of the noise, a healing oasis of nature. If you want to retreat from the hustle and bustle of the city, listen to the sounds of proud mountains and immerse yourself in the universe, then definitely turn your heart's path to Parkent. After all, the clear breath of being and the true colors of life await you here.

Every era has its own chronicle. Today, new pages of history are being opened on the land of Parkent. Most importantly, this glorious history is being imprinted not only on the pages of golden books, but also on the borders of the hearts of grateful Parkentians, and in the notebook of the people who are grateful for today's healing days.

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