

**PSYCHOLOGICAL FACTORS INFLUENCING STUDENT MOTIVATION**

**Kentzel L.**

Independent researcher, pedagogical sciences.

**Abstract:** This article analyzes psychological variables that influence student motivation in educational settings. Drawing from theories of intrinsic and extrinsic motivation, the study identifies key factors such as self-efficacy, goal orientation, emotional climate, and teacher–student relationships.

**Keywords:** motivation; self-efficacy; learning psychology; student engagement; goal orientation

**Introduction**

Motivation plays a crucial role in determining how actively and effectively students participate in learning processes. Psychological research shows that motivation is shaped by personal beliefs, emotions, and environmental influences.

**Main Discussion**

Self-efficacy directly affects a learner's persistence and confidence. Students with high self-efficacy are more likely to take on challenging tasks. Goal orientation defines whether learners seek mastery or merely performance. A supportive emotional climate reduces anxiety and fosters engagement. Teacher–student relationships influence feelings of belonging and trust, which are essential motivators.

External factors such as rewards and feedback can boost motivation, but internal factors like autonomy, meaning, and interest produce stronger, long-lasting engagement.

**Conclusion**

Understanding psychological factors that shape motivation helps educators foster environments where students feel competent, supported, and empowered. Motivation develops best when instruction promotes autonomy, relevance, and emotional well-being.

**References**

1. Bandura, A. (2017). *Self-Efficacy Theory*.
2. Deci, E., & Ryan, R. (2020). *Self-Determination Theory*.
3. Исраилова, Г. М., Эшмурадова, С. Т., & Тураев, И. Э. (2010). ГИГИЕНИЧЕСКАЯ ОЦЕНКА ФАКТОРОВ РИСКА ЗАГРЯЗНЕНИЯ МЯСОМОЛОЧНОЙ ПРОДУКЦИИ, ПРОИЗВОДИМОЙ В УСЛОВИЯХ МАЛОВОДЬЯ. *Профилактическая и клиническая медицина*, (1), 41-43.
4. Nurumbetova, S. (2022). VAIN ASPECTS OF PRACTICAL RELIGIOUS EXAMINATION IN THE INVESTIGATION OF CRIMES RELATED TO PROHIBITED RELIGIOUS MATERIALS. *Science and Innovation*, 1(6), 108-113.
5. Nurumbetova, S. (2023). MODERN OPPORTUNITIES AND PROSPECTS FOR DEVELOPMENT EXPERT-CRIMINALISTIC ACTIVITY. *Modern Science and Research*, 2(9), 415-419.

6. Nurumbetova, S. (2022). ДИНИЙ МАЗМУНДАГИ ТАҚИҚЛАНГАН МАТЕРИАЛЛАР БИЛАН БОҒЛИҚ ЖИНОЯТЛАРНИ ТЕРГОВ ҚИЛИШДА ДИНШУНОСЛИК ЭКСПЕРТИЗАСИНИ ЎТКАЗИШ АМАЛИЁТИНИНГ МУҲИМ ЖИҲАТЛАРИ. *Science and innovation*, 1(С6), 108-113.
7. Khalimovich, R. B. (2023). Simplification of criminal proceedings: concept, content and importance. *World Bulletin of Management and Law*, 18, 51-54.
8. Norkulov, D., Zikirova, N., Niyozova, N., Makhkamov, U., & Sattarov, I. (2020). BASICS OF ONLINE TEACHING, USAGE AND IMPLEMENTATION PROCESS. *Systematic Reviews in Pharmacy*, 11(11).
9. Niyozova, N. (2023). RELEVANCE AND IMPORTANCE OF HIGHER EDUCATION NURSE TRAINING. *Web of Scientists and Scholars: Journal of Multidisciplinary Research*, 1(8), 93-94.
10. Wentzel, K. (2019). Motivation and Classroom Climate.