

**PRINCIPLES AND MECHANISMS OF PSYCHOLOGICAL SERVICE PROVISION**

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**Abstract :** This in the article psychological service show system main principles and mechanisms Humanity , confidentiality , voluntariness and individualization principles psychological of help efficiency determinant main factors as analysis Also , diagnostics , consultation , correction , development and monitoring mechanisms mutual connection open given .

**Key words :** psychological service , principle , mechanism , diagnostics , consultation , correction , development , monitoring, humanity , confidentiality .

Psychological service is education institutions , organizations , communities and separately individuals for spiritual health preservation , development and adaptation to provide aimed at systematic It is an activity that includes diagnostics , consultation , prevention , correction , development and monitoring stages own inside takes .

Psychological of service main principles

1. Humanity principle . Psychologist the client person as respect does , its dignity , rights , freedom the choice confession will reach . Service is " human" for " and " human " in the interest of "
2. Principle of confidentiality . Client about information without permission third to individuals not given . This principle reliable communication provides .
3. Voluntariness principle . Psychological help only customer's consent with done is increased . Coercion spiritual injury brought release possible .
4. Professional competence principle . Psychologist his/her own professional knowledge , skill and methodical from the arsenal come out movement does . Every how advice or correction scientific to the base has to be condition
5. Individualization principle . Every one customer's age , personal , social and cultural features into account is taken . A single universal approach there is it's not .
6. Systematicity principle . Psychological service socio-pedagogical , medical , legal and management systems with in integration works . Problem one not , maybe complex in appearance analysis will be done .
7. Before The principle of prevention . Psychological service only problem solution to grow not , maybe their prevent to take aimed at preventive also take the activity goes .
8. Collaboration and interactivity principle . Psychologist parent , teacher , leader , doctor employee with in cooperation works . This system is a " psychologist - client - environment " interaction. the impact strengthens .

Psychological of service mechanisms

Diagnostic mechanism . Psychological tests , questionnaires , interviews , observations and projective methods through person's status For example : Raven matrices ( intelligence level ) , Luscher test ( emotional status ) , Sociometry ( relationships system ) .

Advisory ( consultative ) mechanism . Customer's the problem analysis to do , solution find and personal resources to activate help giver conversations , trainings and psychoeducational training is held .

Correction mechanism . At this stage behavioral , emotional balance or in thinking deviations correction methods used : relaxation , cognitive-behavioral therapy , art therapy , bibliotherapy and others .

Developer mechanism . Person's positive potential to open , oneself understanding and creative thinking to develop aimed at programs done increased ( psychological training , coaching , motivational training ) .

Monitoring and analysis mechanism of service efficiency regular observed , results statistic and quality analysis based on evaluated ( e.g. , changes dynamics , t-test, correlation coefficient via ) .

### CONCLUSION

Psychological service system person and society in the interests of service doer integrative psychological help It is a mechanism of human spiritual status stabilization , personal problems solution to grow and social adaptation to provide aimed at systematic is an activity . Such of service basis humanity , trustworthiness and scientificity principles relies on . Psychologist customer's personal dignity respect does and individual approach to it provides . Service in the process diagnostics , consultation , correction , development and monitoring mechanisms harmonious without works . Every one mechanism each other fills and general to the result in reaching important role plays . Psychological of help efficiency human himself understanding and own opportunities complete to come true to release is related . This system person's emotional stability strengthen , social activity improves . Psychological service not only individual, but also collective development also important for importance profession will reach . In the end, he is a man. psychological well-being , oneself to understand and social adaptation level to increase service does .

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