



BENEFITS OF PERSONALIZED LEARNING

Shamiddinova Sarvinoz Saloxiddin kizi

Student, Foreign Language and Literature Faculty,

Uzbekistan State World Languages University

sarvinozshamiddinova@gmail.com

Abstract: In today's educational landscape, personalized learning has already become one of effective and famous teaching approaches. Personalized learning is a transformative approach in education which is designed in order to meet every student's needs. This paper is devoted to discuss benefits of personalized learning and emphasizes contribution of it to more effective learning experience.

Key words: transformative approach, active participation, improved motivation, better academic performance, flexibility, convenience, reduced pressure,

Introduction

Many traditional approaches have already become tedious and ineffective in today's fast changing educational context and many students have found these one-size-fits-all methods struggling. This is because, traditional methods are mainly based on teacher-centered approaches, associated with more teachers' styles and desires rather than learners' needs. Moreover, all people have different interests, styles and learning paces and traditional methods cannot manage with these differences. (Hamdan Alamri, Victoria Lowell, William Watson, and Sunnie Lee Watson, 2020). As a solution to these problems, new teaching approach - personalized learning - has emerged.

Personalized learning refers to instruction which customizes teaching according to every student's interest, strength and needs. The goal of this approach is encouraging flexibility in learning process and conducting lessons in student-centered way. Personalized learning disputes standardized teaching models by emphasizing each learner's own strengths, weaknesses, learning style and pace. In this teaching environment, initially, teachers try to know students' needs by observing or interviewing them carefully and use or accommodate various methods and techniques in order to address their needs.

Main part.

Even though there are some arguments about effectiveness of personalized learning, it has the potential to change the education system because of its benefits since it can enhance not only students' academic performance, but also their general well-being in several ways.

Active participation and improved motivation. In personalized learning environment, students start participating actively as adapting teaching process according to their needs makes lessons more engaging and meaning for them. Along with that, when people learn what they want and are interested in, they tend to have strong motivation to study.

Better academic performance. According to several studies, students who are engaged in personalized learning atmosphere can reach more academic achievement. Because of the fact that learners are allowed to learn at their own pace(learning takes different time from everyone, some can understand quickly while others require more time), this teaching approach enables students to understand materials fully before moving on next theme, resulting in deeper comprehension which leads to enhanced academic performance.

Aimed support for difficulties. One of the important advantages of personalized learning is that teachers can identify students` struggling points with regular assessment and customized teaching techniques and then address by delivering targeted support. Teachers and mentors are considered crucial participants in this process because its their responsibility to provide individualized instructions to learners in order to deal with difficulties.

Flexibility and convenience. Another main benefit of personalized learning is that it can provide students with more flexibility and convenience because it can be customized according to their learning environment and plans. People who have busy life style need a more adaptable learning programs and personalized learning is the most appropriate choice for them.

Reduced pressure. In personalized learning context, students feel more confident and less pressured because of optimized and supportive learning settings. They are allowed to study at their own pace and their preferences are taken into consideration therefore there is less possibility of being stressed and overwhelmed.

Mutual understanding. Personalized learning can develop mutual understanding among people. When people are engaged in personalized learning, they interact with people with different needs. It fosters them to respect and appreciate diversity among people.

Conclusion

Personalized learning has many advantages that considerably improve learners` academic success. By customizing teaching according to students` preferences and needs, it leads to better engagement and academic performance, improved motivation, flexible learning, reduces pressure and empathy. as education continues to develop, personalized learning approach will be important in order to meet the various students` needs. If personalized learning is designed and implemented appropriately, it has great potential to make learning process more effective.

References

- [1]. James D. Basham, Tracey E. Hall, Richard A. Carter Jr., and William M. Stahl. An Operationalized Understanding of Personalized Learning, Journal of Special Education Technology, 2016.
- [2]. Hamdan Alamri, Victoria Lowell, William Watson and Sunnie Lee Watson. Using personalized learning as an instructional approach to motivate learners in online higher education: Learner self-determination and intrinsic motivation, Journal of Research on Technology in Education, 2020.
- [3]. <https://www.youscience.com/resources/blog/what-is-personalized-learning/#:>
- [4]. <https://www.standtogether.org/stories/education/personalized-learning-can-transform-your-classroom-heres-how>
- [5]. <https://www.tutopiya.com/personalized/personalized-learning/benefits-of-personalized-learning/>