



STOMATITIS DISEASE AND ITS PREVENTION

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Annotation: This thesis talks about the causes of treatment, origin of stomatitis, which is common in our daily lives. Stomatitis is most often caused by a violation of the integrity of the oral mucosa. Given the occurrence of stomatitis in the oral cavity, it is usually diagnosed by a dentist. But if the causes of this condition are not clear, we will cite the possibility that the dentist will send to a general practitioner or therapist.

Keyword: Stomatitis, mucous membrane, improper nutrition, aphthous stomatitis, coccidial stomatitis, stress, herpes virus, immunity, clove oil, allergies.

Introduction: There are many manifestations of stomatitis, since symptoms can vary depending on the degree of damage to the mucous membrane. Sometimes it is only annoying, and sometimes it also interferes with normal eating and drinking. An examination should be sufficient for diagnosis, especially when it comes to wounds caused by herpes or aphthous stomatitis — they are easily detected visually. For less specific cases, medications being taken, blood analysis, allergy tests may be required. One type of common is aphthous stomatitis. Aphthous stomatitis is most common in children and adolescents between the ages of 10 and 19. Although it can be unpleasant, wounds are usually not harmful to health. Clove oil. Aphthous stomatitis wounds can be painful, and clove oil can relieve pain. Clove oil has also been used in ancient times to treat toothache. Chewing parsley leaves is effective in treating wounds in the mouth. Rinsing the mouth with namakop water will help dry aphthous stomatitis. It is recommended to dissolve a teaspoon of salt in half a glass of warm water and rinse the mouth for 15-30 seconds. If necessary, it is possible to repeat again after a few hours. According to experts, one of the causes of aphthous stomatitis can be malfunctions of the immune system and stress. The appearance of stomach ulcers can also be triggered by food shortages, medication, or the use of a number of inflammatory products. Among them are: coffee, potatoes, chocolate, cheese, citrus, nuts. Allergic stomatitis. Nowadays, almost a third of the world's population suffers from allergies. However, the manifestation of allergic reactions is completely different. Stomatitis occurs in those who are observed to cause allergies. This can happen from the installation of a new prosthesis or the use of an unfamiliar drug. Stomatitis in this case is not spoken as a separate disease. The appearance of ulcers on the mucous membrane of the mouth is a sign of allergies. Stomatitis in this case is not spoken as a separate disease. The appearance of ulcers on the mucous membrane of the mouth is a sign of allergies. The treatment of such stomatitis consists mainly in the identification and elimination of the allergen, followed by the use of antihistamines described above. Medicinal substances can be taken in the form of tablets or used appliqués. Herpetic stomatitis. In adults, the development of intoxication syndrome is not observed in herpetic stomatitis. The formation of bubbles on the

palate, tongue or on the inner surfaces of the lips occurs suddenly, immediately forming a large number of bubbles located close to each other. Soon they burst, creating a painful area of erosion. . Treatment of coccidial stomatitis with folk remedies this form of stomatitis is ideal for therapy with a soda solution (one teaspoon per therapist's Cup), which is recommended to rinse the oral cavity every 30-60 minutes. You can also rinse your mouth with water by mixing it with garlic eggs, which you will mix in a glass of water. Causes of stomatitis such as symptoms can be very numerous. Among them: injury;with the help of braces or prostheses;biting the tongue or cheek; burns from hot food or drinks; gribok; chronic dry mouth; tobacco smoking; herpes virus; side effects of chemotherapy or other drugs; chemical exposure; certain types of allergies; stress or weak immunity; bacterial infections; malnutrition; Bechchet's disease; Crohn's disease; Volchanka, among others.

Conclusion. Non-compliance with hygiene rules. Eating vegetables and fruits without washing well and not washing hands well. Dental deficiencies. As a result of improper installation of dental prostheses, improper oral hygiene, excessive brushing of teeth and the use of toothpastes containing sodium lauryl sulfate, salivation slows down and dehydration of the mucous membrane develops. This effect reduces the resistance of the oral epithelium to external factors and, as a result, stomatitis develops. Taking medications that reduce salivation. Such preparations, in particular, include diuretics. Stomatitis occurs mainly in children in many it is also not exaggerated to say that it occurs in adolescents. In their prevention, it is advisable if we use natural methods as well as folk medicine.

Recommendation and vision. Va finally, situations such as stress, depression, excessive anxiety can also cause mouth sores. This form of stomatitis is ideal for therapy with a soda solution (one teaspoon per therapist's Cup), which is recommended to rinse the oral cavity every 30-60 minutes. You can also rinse your mouth with water by mixing it with garlic eggs, which you will mix in a glass of water.

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